Shark Bites NEWSLETTER



SouthPointe School

Principal's Message

I hope everyone had an enjoyable November break and had the chance to spend quality time with family and friends. As we move into the last week of November, I'd like to highlight some key events that have been happening at our school. This month, EIPS hosted the annual Assurance Reviews with every school in the division, and our administration team had the opportunity to participate this past Wednesday. These reviews provide us with a valuable chance to reflect on our progress, share our successes, and discuss the challenges we're facing as a school team. A big thank you to Tasha Kennedy, our School Council Chair, for attending with our school administration.

On another note, our Grade 9 students participated in the P.A.R.T.Y. program yesterday. The P.A.R.T.Y. program aims to educate students on the potentially life-altering impacts of impaired driving and operating machinery under the influence of alcohol or drugs. Thank you to Ms. Louma and Mr. Krause for organizing this important experience for our students.

This week, we also took part in Anti-Bullying Week, with Mr. Krause leading classroom discussions on bullying, celebrating diversity, and fostering inclusion. The week wrapped up with a fun twist—students and staff showed off their creativity with "crazy hair" day, highlighting our individuality and school spirit.

Report Cards will be available on Friday, November 29, 2024, at the end of the school day. Please note that report cards will be posted online through the PowerSchool Parent Portal. If you need assistance accessing the portal, please contact our office team for support.

Wishing everyone a wonderful weekend ahead! Laurie Caines, Principal

NEXT WEEK

*

Monday (25)

Junior Girls Semi-Finals Game @ SPS vs FSC @ 4:00PM Senior Boys Volleyball Practice @ 5:00PM

Senior Girls Volleyball Practice @ Lunch

Tuesday (26)

Grade 4/5/6 Choir at Lunch Recess
Jr High Band Session 3:00-4:00PM
Senior Boys CHAMPIONSHIP Game @ SPS @ 4:00PM
Senior Girls BRONZE Game @ VEG @ 4:00PM
Junior Girls Volleyhall Practice @ Lunch

Wednesday (27)

Junior Girls Finals (Gold or Bronze) Game @ TBA Hot Lunch for Grades 1-3 & M/W Kinder

Thursday (28)

Grade 6 Hand Chimes at Lunch Recess
Hot Lunch for Grades 4-6 & T/TH Kinder
Dungeons & Dragons @ 3:00-4:30PM

Dungeons & Dragons @ 3:00-4:30PM All Girls Basketball Tryout @ 3:00PM-4:15PM

Friday (29)

Coaches & Players ONLY
Staff vs Sharks Volleyball Game
Hot Lunch for Grades 7-9

Report Cards

Coming Up this Month

November 25 Poinsettia & Christmas Greenery Fundraiser Deadline @ 12:00PM

November 27 Hot Lunch for Grades 1-3 and M/W Kindergarten

November 28 Hot Lunch for Grades 4-6 and T/TH Kindergarten

November 28 All Girls Basketball Tryout @ 3:00PM-4:15PM

November 29 Hot Lunch for Grades 7-9

November 29 Report Cards Issued

December 2 Invite Only Girls Basketball Tryout @ 3:00PM-4:15PM

December 3 All Boys Basketball Tryouts @ 3:00PM-4:15PM

December 4 Early Dismissal @ 1:46PM

December 9-13 Class Gingerbread Decorating Contest

December 11 Christmas Concert Matinee @ 12:30PM/1:15PM/2:00PM

December 11 Christmas Concert Evening @ 6:00PM/6:45PM/7:30PM

December 11 Hot Lunch for Grades 1-3 and M/W Kindergarten
December 12 Hot Lunch for Grades 4-6 and T/TH Kindergarten

December 13 Hot Lunch for Grades 7-9

December 16 Festive Dress Up Day (Hats, Headbands)



School Start & End Times

8:10AM - School Begins 11:08AM to 11:48AM - Lunch 2:46PM - School Dismissed

(1:46PM - School Dismissed on Early Dismissal Days)



Pay School Fees Online

School fee information for the 2024-25 school year is now posted on the PowerSchool Parent Portal.

<u>FEES ARE PAST DUE</u>

To access your fee information, simply log in to the PowerSchool Parent Portal and go to "Student Fees." There you can view your fees and pay them online. If you're unable to pay your school fees, you can apply to have certain fees waived. The application deadline is Dec. 16, 2024.

Don't forget to also log in to the PowerSchool Parent Portal regularly throughout the year. Fees are often added to your child's account to cover the cost of various school activities such as field trips, extracurricular activities fees & more.

For more information, visit https://www.southpointeschool.ca/about/fees. Alternatively, contact Chantelle Grieve, Business Manager at SouthPointe School at 780-998-2747.

Facebook

REMINDER

Public Schools



Click HERE to join
"Southpointe
School K-9
Parent Group"
on Facebook

666666

November Hot Lunch

Grades 1–3 and Mon/Wed K

27 Nov

Grades 4-6 and Tues/Thur K

28 Nov

Grades 7-9

29 Nov

To order next month's hot lunch, go to https://spschool.hotlunches.net/admin/
Deadline to order is DECEMBER 5

Reporting Attendance

Thank you so much for calling in or emailing the front office when your child is absent or late. We are not able to reply to all of the attendance messages, but please know we appreciate every one of them.

To report absences: E-mail general.sps@eips.ca or call 780-998-2747.



Inclement Weather

With the winter season almost here, we have a few reminders for families:

-Ensure students have clothing appropriate for expected weather conditions

-If weather conditions are bad enough to impact student transportation, Elk Island Public Schools (EIPS)

advises families directly, as well as posting on social media and eips.ca as early as possible

-Decisions regarding bus cancellations are guided by an EIPS administrative procedure that states, "school bus service may be suspended...when there is a forecast or current temperature of -40 C, including wind chill factor, in one or more regions."

-Other reasons for suspending or delaying school bus services include adverse weather and poor road conditions

-When school bus services are suspended, schools remain open to students For more information, contact EIPS Student Transportation at 780-417-8151.

Did you know?

Research shows sustained, collaborative and job-embedded professional learning significantly enhances teacher efficacy and student achievement. Simply put, the more times teachers get to learn from one another during the year, the better it is for student success. Professional learning doesn't mean a day off for staff—they improve upon their knowledge using time dedicated for collaboration, growth and relationship-building. This ensures students continue to receive high-quality education throughout the school year.

Counsellor's Corner

This week was anti-bullying week. We had some presentations, stories, kindness activities, and a crazy hair day to stand up to bullying and celebrate our individuality.

How can I tell if my child is being bullied?

- 1. Unexplained injuries
- 2. Loss of personal belongings
- 3. Anxiety and depression
- 4. A decline in academic performance
- 5. Avoiding social situations
- 6. Changes in eating habits

How do I talk with my kid to find out if they're being bullied?

- 1. Be open and listen
- 2. Acknowledge their feelings
- 3. Empower your child
- 4. Work with the school
- 5. Help your child rebuild self-esteem
- 6. Seek professional help

Tips like the ones above can be found on the **Bullying Canada** website.





Crazy Hair Day

PARTY Program

Our Grade 9 students participated in the PARTY program this week. We're grateful for our community partners who helped organize a terrific event with hands-on activities, excellent learning opportunities, and some profound reflections. A big thank you goes out to FCSS (Family and Community Support Services) who organized the event, all our speakers, and the fire fighters and officers who gave up their day to spend with us.

Dungeons and Dragons:

If your child is interested in joining a D & D group, ask them to sign up with Mr. Krause. New & experienced players are welcome!

Campaigns run on THURSDAYS from 3:00PM-



Always feel free to reach out with any questions or concerns: Blake.Krause@eips.ca

November 2024



The Bridge Wellness Hub for Youth

THE BRIDGE

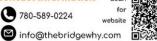
Mr. Krause is working	The Bridge Wellness Hub for Youth Wellness Hub For Youth				
with students to offer	Monday	Tuesday	Wednesday	Thursday	Friday
the Canteen during	Cooking workshop 4 4:30 – 7:30pm Hours 11-7 pm	ADHD Support 5 Group 6-7:30pm Youth Employment	Pottery Night Day One Nurse Clinic 2-6pm Psychologists by	Movie night at the 7 hub 5:30-7:45pm Youth Outreach Worker	8
lunch. More details to	Appointment Based	Workshop 4:30-6pm Appointments 3-7pm	appointment	2-7:45pm	
come.	Closed for 11 Remembrance Day	Youth Employment Workshop 4:30-6pm Appointments 3-7pm	Button making 13 Nurse Clinic 2-6 pm Psychologists by appointment	Dungeons & Dragons 5:00-7:45pm Youth Outreach Worker 2-7:45pm	Family Feud & 15 Food Frenzy 6-9pm (Email to register)
	Cooking workshop 18 4:30 – 7:30pm Hours 11-7 pm Appointment Based	ADHD Support 19 Group 6-7:30pm Youth Employment Workshop 4:30-6pm Appointments 3-7pm	Pottery Night Day Two Nurse Clinic 2-6pm Psychologists by appointment	Make holiday cards 21 for Veterans 5:30pm – 7:45pm Youth Advisory Meeting Youth Outreach Worker 2pm-7:45pm	22
	Cooking workshop 25 4:30 – 7:30pm Hours 11-7 pm Appointment	Youth Employment Workshop 4:30-6pm	Self Defense 6:45-7:45pm	Dungeons & Dragons 5:00-7:45pm	roinbowALLIANCE



Contact Informatio



Based



Linktree: @thebridgewellnesshubforyouth

Appointments 3-7pm

chologists by appointmen ges 11+ All Welcome

Nurse Clinic 2-6 pm

All mental health services and drop in youth nights are completely free to all youth ages

Youth Outreach Worker 2-7:45pm

We are open Monday 11-7 pm and Tuesday 3-7 pm for appointments and workshops. Wednesday and Thursday, 2- 7:45 pm, we are open for

Rainbow Alliance 6-8pm

GO-TEAM!

SHARKS ATHLETICS



MONDAY (25)

Senior Boys Practice @ Lunch Junior Girls Semi-Final Playoff Game @ SPS @ 4:00PM Senior Boys Practice @ 5:00PM

TUESDAY (26)

Senior Boys CHAMPIONSHIP Game @ 4:00PM @ SPS Senior Girls Bronze Medal Game @ 4:00PM @ VEG Junior Girls Practice @ Lunch

wednesday (27)

Junior Girls Final Playoff Game TBA

THURSDAY (28)

Girls Basketball Tryout at 3:00-4:15PM

FRIDay (29)

Volleyball Season Wind Up Lunch & Awards
(PLAYERS ONLY)
Staff vs Sharks Game



WAY TO GO SENIOR BOYS!

Our Senior Boys beat FSC last night to move on to the CHAMPIONSHIP GAME!!!

We will host St. Mary's on Tuesday, Nov 26 at 4:00PM.

Come on out and #packthesharktank

BASKETBALL TRYOUTS ...



ALL GIRLS are invited to tryout on November 28 from 3:00PM-4:15PM. There will be an invite only tryout on December 2 from 3:00PM-4:15PM

ALL GUYS are invited to tryout on December 3rd & 6th from 3:00PM-4:15PM.





Grade 4/5/6 Choir

Jr High Band



HAND CHIMES

Music extracurriculars have started!
Students in Grades 4, 5, and 6 can join the choir which meets **Tuesdays at lunch recess**. Hand chime club will only be open to grade 6 students this year and it meets

Thursdays at lunch recess.

(Neither of these will conflict with your intramurals games) Any junior high students wanting to do band are invited to join the **after school band on Tuesdays**. It will meet until 4:00 pm. This is your chance to learn to play the flute, clarinet, trumpet, trombone, saxophone, or tuba and have some extra performance opportunities.

-Ms. Yule

What's Happening AROUND SPS







Ms. Foster's Grade 2 class worked together in groups to build a project. In their groups, students had to work together to decide what to create, identify its purpose, and build it using cardboard and tape.

Great working together 2F! You're projects were so creative!



SOUTHPOINTE HOODIES ARE IN! IF YOU ORDERED A HOODIE, PLEASE CHECK YOUR CHILD'S BACKPACK.





SYNC

SYNC students enjoyed getting creative with their seniors this week!

Thank you so much Kim Polansky for making and donating the beautiful sign for the wall at Southfort Bend Gardens!





FASS/School Council Info

Grab your BEAR TRACKS (Ice Melt) Only 20 Buckets left!

FASS has a few pails of Bear Tracks left to sell for \$30 each.

To purchase, text: 403-612-9580

Canteen Coordinator Needed!

FASS is looking for a Canteen Coordinator; if you are interested, email the FASS president at president.fass@gmail.com

VOLUNTEERS NEEDED

Thank you for your continued support and for making a positive impact in our community! If you have questions about the available positions or want to learn more about how you can contribute, please email us at president.fass@gmail.com



Friday, December 6 \$5 for 2 slices of pizza and a pop \$2 per slice \$1 for pop

POPCORN DAY!



Friday, December 20





HOT LUNCH



To order hot lunches, we use the <u>spschool.hotlunches.net</u> website. Parents must create an account and add their children. All parents must go in and select their child's new teacher for this year. To pay for your order the website uses PayPal. There is an option to check out as a guest through PayPal if you do not have an account. Failure to pay for the order by the deadline will result in the order being cancelled.

If your child is sick on the day of their hot lunch, please call the office and let them know. No refunds will be given if a student is absent on the day of their hot lunch.

If you need to cancel or change an order, you must do so before the deadline. A refund will be processed as a credit on your account to be used for future hot lunch orders.

Once the deadline has passed orders cannot be changed or cancelled.

Should you have any comments, suggestions, or questions you can reach out via email at spschoolhotlunch@gmail.com.

REMINDER:
Please still send
SNACKS on Hot
Lunch Day

Hot Lunch Volunteer Opportunity:

We're looking for volunteers to assist with our hot lunch program! As a thank-you, each volunteer will receive a \$5 discount on one child's hot lunch account for their help.

If you are able to volunteer, please email spschoolhotlunch@gmail.com.

November's Hot Lunch is from Tim Horton's & Papa John's











from FASS

Welcome To Our Winter Fundraiser





Parent Letter

Dear Parents/Guardians,

This year at **Southpointe School** we are excited to announce a Winter Fundraiser! We will be selling a variety of plants which are included on the Order Form in the link provided below.

Our goal is to raise: \$18000

Why we Fundraise:

Fundraising is always a vital part of ensuring the students have the best year possible. The money raised is used to help cover costs for programs, equipment, resources, and extra-curricular activities.

With this fundraiser we are raising money for:40 Chrome books and a charging cart (the students use these on a daily basis)

Important Dates to Remember

The fundraiser officially begins. Monday November 11 2024 (order deadline Monday November 25 2024 Noon)

Pick-up date from school. Thursday December 10th 2:30pm to 3:30pm

Important we do not have storage space if plants are not picked up. If you need to make alternate arrangements see below for contact me to arrange.

Important Notes

Our team website is located at https://fasps.growingsmilesfundraising.com/

Please contact: Laelia Winstone at president.fass@gmail.com or 403-612-9580 if you have any questions!

Plants are supplied by DeVry Greenhouses.

Thank you for your support! Warmest Regards,

The FASS







1-866-806-1523



info@growingsmilesfundraising.com

Don't miss out! Order by Monday at 12:00PM! Pick up your greenery on Thursday, December 10th between 2:30PM-3:30PM



Christmas at SouthPointe

SouthPointe School is excited to host our Winter Concert in person in the gym.

With the growth of our school, we will be splitting the concert into three separate concerts as follows:

Wednesday, December 11

Matinee:

12:30PM Grades 1 & 2

1:15PM Grades 3 & 4 (with 2/30) 2:00PM Grades 5 & 6 (with 4/5E) Evening:

6:00PM Grades 1 & 2

6:45PM Grades 3 & 4 (with 2/30)

7:30PM Grades 5 & 6 (with 4/5E)

Each concert will be about 20 minutes long.

Doors will be open 15 minutes prior to the concert's start time.

<u>Admission:</u> We have space to accommodate <u>three audience members per family</u> at each concert and request that families respect these seating limitations.

(Additional young children who will be sitting on laps can also be accommodated)

<u>Arrival:</u> Please use the bus lane doors (junior high entrance) located on SouthPointe Blvd and proceed to the gymnasium. Students will head to their homerooms upon arrival. **DO NOT park in the bus lanes** for the matinee performance as the buses will be arriving to pick up students at the end of the day.

What Students Wear: For all performances, students should wear something nice & festive. There is no required dress code but please remember students will be on stage and some will be playing instruments on the ground.

When to Show Up: For evening performances, students should arrive 15 minutes early for their performance and head to their homerooms upon arrival. If you have students in multiple age groups, there will be an intermission between the concerts to allow for the audience to change out.

After the Concert: If you have students in multiple age groups, they will remain in their classroom for the evening. Please pick up students from their classrooms at the end of the performance.

01.00

JR HIGH BAND CONCERT

SouthPointe Junior High Band is excited to join with the Fort Saskatchewan Community Band again for a Christmas Concert on Thursday, December 19. The concert will be from 6:30PM-7:30PM at the hall of the Royal Canadian Legion. This concert is open to the public and a very festive night. Everyone is welcome to come out and support the band!

Dress Up Days

December 16 Festive Dress Up Day (Hats, Headbands)

December 17 Festive Socks Dress Up Day

December 18 Holiday Sweater Dress Up Day

December 19 Red & Green Dress Up Day

December 20 Pyjama Day



Caregiver Educatio n Team Newsletter November/December 2024



Sessions Parenting Teens in the 21st Century Respectful Limit Setting for

Part 1: Wednesday, November 13 12:00 – 1:00 pm Part 2: Wednesday, November 20 12:00 – 1:00 pm Building Executive Functioning Skills Supporting Success in Learning

Part 1: Monday, December 2 12:00 – 1:00 pm

Part 2: Monday, December 9 12:00 – 1:00 pm

Wellness Exchange Series

Part 5 - Healthy Connections: Wednesday, November 6 6:00 - 7:30 pm

More than Just a Bad Day Understanding Depression Tuesday, November 26 12:00 – 1:00 pm

Silver Linings

Thursday, December 5 12:00 – 1:00 pm

Thursday, December 12 12:00 – 1:00 pm



Alberta Health
Services

Addiction & Mental Health
Fromoton Zone

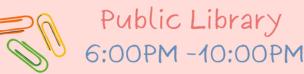
For more information, visit www.cyfcaregivereducation.ca

idi GCSS Family & Community Support Services CITY OF FORT SASKATCHEWAN









For Student Studiers ONLY; Grade 7-12





Caregive r Education Sessions

November/December 2024

Registration

for the session.

Sessions are offered online through the Zoom

session will be sent by email to those who have registered

To register, click HERE or

www.cyfcaregivereducation.ca

conferencing application. A link to access the online



intended to provide parents, caregivers, and community members with information regarding addiction and mental health challenges that can affect children and youth. When topics are presented as a series, participants can attend one or all sessions.

Parenting Teens in the 21st Century

Respectful Limit Setting for Adolescents

In these sessions, we will explore the challenges of being a teenager and the importance of the parent/teen relationship. We will continue to look at ways to increase communication and understanding around healthy boundaries with your teen.

Part 1: Teen Development and Challenges

In this one-hour Lunch & Learn webinar, we will look the challenges of both being and raising a teenager. We will look at some of the unique factors that today's teens face and how their development in these key

years impacts their behaviours and relationships

Part 2: Parent Responsiveness

In this one-hour Lunch & Learn webinar, we will discuss parenting strategies to promote healthy teenage development with a focus on relationship, communication, and respectful limit setting.

Date: Wednesday, November 20, 2024 Time: 12:00 – 1:00 pm For caregivers of youth grades 7-12, for adults only.

Date: Wednesday, November 13, 2024 Time: 12:00 – 1:00 pm For caregivers of youth grades 7-12, for adults only.

Adult Education Sessions

lovember/December 2024



intended to provide community members with information and strategies regarding addiction and mental health challenges that can affect us all. When topics are presented as a series, participants can attend one or all sessions.

Wellness Exchange Series

The goal of Wellness Exchange Workshops is to help increase our ability to cope with change, build resilience, and improve our overall well-being.

Session 5: Healthy Connections

In this session, we will look at ways we can build and maintain our healthy connections to increase our confidence, provide us with a sense of belonging, reduce isolation, and build our coping skills and increase our resiliency.

our resilience.
Date: Wednesday, November 6, 2024
Time: 6:00 – 7:30 pm
For adults supporting their own wellness or the wellness of a
loved one.

More than Just a Bad Day

Understanding Depression

In this session, we will discuss what mental health is, the difference between sadness and depression, and common signs and symptoms of depression. Treatment options and supportive strategies for coping and support will be shared.

Date: Tuesday, November 26, 2024 Time: 12:00 – 1:00 pm For adults supporting their own wellness or the wellness of a

Registration:

Sessions are offered online through the Zoom conferencing application

A link to access the online session will be sent by email to those who have registered for the session.

To register, click HERE or www.cyfcaregivereducation.ca

"I enjoyed the delivery to both presenters. Thank you very much, great work!"