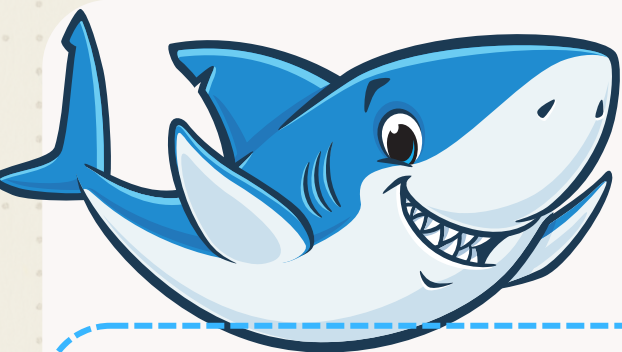


# Shark Bites

# NEWSLETTER



SouthPointe School

## Principal's Message

I hope everyone had a fun and safe Halloween! It was wonderful to see our students dressed up in such creative costumes, showcasing their spirit while adhering to our guidelines. Thank you for your support in making the day enjoyable for all. Thank you to everyone who generously donated to our "We Scare Hunger" Food Drive.

As we move into November, please remember to ensure your children are dressed warmly for the colder weather. Winter will soon be upon us, and having appropriate clothing for outdoor recess is essential. A quick reminder that we have early dismissal this coming Wednesday, November 6th. Students will be dismissed at 1:46PM. Wednesday is also "Take Your Kid to Work Day" for our grade 9 students. On Thursday, November 7th, our FASS team has organized free coffee for all our parents and caregivers to enjoy during morning drop off (7:40AM-8:15AM) at the main doors. I hope to see you there!

We also look forward to welcoming you to our Remembrance Day ceremony on Friday, November 8th, at 10:30AM in the gym. Please arrive by 10:15AM so we can get you seated comfortably. Remember to enter through the front doors as all other doors are locked. Friday, November 8th is also our Formal Dress Up Day.

Thank you for being such an engaged and supportive community. Wishing you all a wonderful start to November, and don't forget to turn your clocks back this weekend!

Laurie Caines, Principal

## NEXT WEEK



Monday (4)	Senior Boys & Girls Game @ 4:00PM @ SPS vs StM
Tuesday (5)	Grade 4/5/6 Choir at Lunch Recess Jr High Band Session 3:00-4:00PM Junior Boys & Girls Game @ 4:00PM @ SPS vs JP11
Wednesday (6)	Senior Boys & Girls Volleyball Practice @ LUNCH EARLY DISMISSAL @ 1:46PM Take Your Kid to Work Day (Gr 9)
Thursday (7)	FREE COFFEE from FASS @ Morning Drop Off Grade 6 Hand Chimes at Lunch Recess Junior Boys & Girls Volleyball Practice @ 3:00-4:30PM
Friday (8)	Remembrance Day Assembly @ 10:30AM Formal Dress Up Day Last Day of School for November Break!



## Coming Up this Month

- November 3 Daylight Savings (Turn clocks back an hour)
- November 4 Deadline to order Hoodies (Extended)
- November 6 Early Dismissal (Dismissed @ 1:46PM)
- November 6 Take Your Kid to Work Day \*GRADE 9 STUDENTS ONLY
- November 7 FREE Coffee for Parents @ School Drop off (7:40AM-8:15AM)
- November 8 Formal Dress Up Day
- November 8 Remembrance Day Assembly @ 10:30AM
- November 9-17 November Break (NO SCHOOL)
- November 10-16 Metis Week
- November 11 Remembrance Day
- November 18 SYNC/Coding/Multi-Cultural Association (Gr. 5)
- November 18-22 National Anti-Bullying Week
- November 20 FASS Meeting @ 5:00PM in Large Flex Space
- November 21 Deadline to order Hot Lunch
- November 22 Crazy Hair Day
- November 27 Hot Lunch for Grades 1-3 and M/W Kindergarten



## School Start & End Times

**THIS WEEK**

8:10AM - School Begins

11:08AM to 11:48AM - Lunch

2:46PM - School Dismissed

*(1:46PM - School Dismissed on Early Dismissal Days)*



**REMINDER**



## Pay School Fees Online

School fee information for the 2024-25 school year is now posted on the PowerSchool Parent Portal.

**FEES ARE PAST DUE.**

To access your fee information, simply log in to the PowerSchool Parent Portal and go to "Student Fees." There you can view your fees and pay them online. If you're unable to pay your school fees, you can apply to have certain fees waived. The application deadline is Dec. 16, 2024.

Don't forget to also log in to the PowerSchool Parent Portal regularly throughout the year. Fees are often added to your child's account to cover the cost of various school activities such as field trips, extracurricular activities fees & more.

For more information, visit <https://www.southpointeschool.ca/about/fees>. Alternatively, contact Chantelle Grieve, Business Manager at SouthPointe School at 780-998-2747.

## Facebook



Click **HERE** to join  
**"Southpointe  
 School K-9  
 Parent Group"**  
 on Facebook

## November Hot Lunch

- ☀ Grades 1-3 and Mon/Wed K 27 Nov
- ☀ Grades 4-6 and Tues/Thur K 28 Nov
- ☀ Grades 7-9 29 Nov

To order next month's hot lunch, go to  
<https://spschool.hotlunches.net/admin/>  
**\*\*Deadline to order is NOVEMBER 21\*\***





## Did you know?

Research shows sustained, collaborative and job-embedded professional learning significantly enhances teacher efficacy and student achievement. Simply put, the more times teachers get to learn from one another during the year, the better it is for student success. Professional learning doesn't mean a day off for staff—they improve upon their knowledge using time dedicated for collaboration, growth and relationship-building. This ensures students continue to receive high-quality education throughout the school year.



Safeway  
donated 20  
pumpkins for  
SYNC!  
We are so  
appreciative of  
the donation!

*Thank  
you!*



**Don't forget to turn your clocks  
back an hour this weekend!  
November 3rd**

## Incident Weather

With the winter season almost here, we have a few reminders for families:

-Ensure students have clothing appropriate for expected weather conditions

-If weather conditions are bad enough to impact student transportation, Elk Island Public Schools (EIPS) advises families directly, as well as posting on social media and eips.ca as early as possible

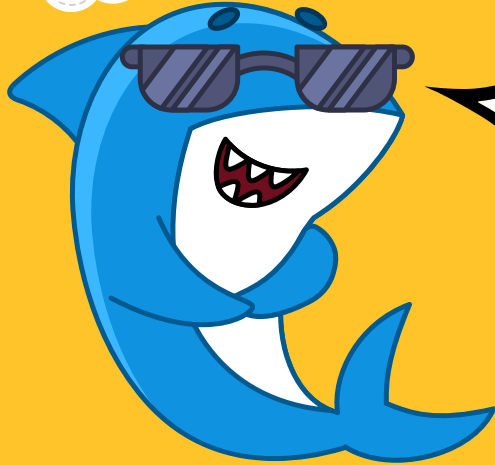
-Decisions regarding bus cancellations are guided by an EIPS administrative procedure that states, "school bus service may be suspended...when there is a forecast or current temperature of -40 C, including wind chill factor, in one or more regions."

-Other reasons for suspending or delaying school bus services include adverse weather and poor road conditions

-When school bus services are suspended, schools remain open to students

For more information, contact EIPS Student Transportation at 780-417-8151.

you are  
**AMAZING**



A special  
"Shark Shout Out" to:

**Congrats to Mia Hurley for being  
October's Safety Patroller of the  
Month!**

Thanks for showing Shark Pride and making  
our school a better place!

Students will receive a poppy before the assembly.  
Donations are accepted for the Legion at the office



Parents, grandparents &  
caregivers are invited to  
join us for our  
Remembrance Day  
Assembly on Friday,  
November 8th at 10:30AM.

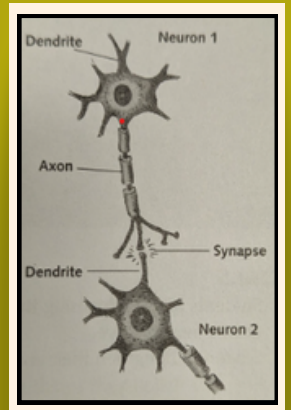
We recommend parents arrive around  
10:15AM so that we can get you seated  
before our assembly starts. Please  
access the main front doors as all other  
doors will be locked.





# Counsellor's Corner...

In the image to the right, we can see neurons connect axon to dendrite, passing messages along via gap-jumping electrochemical exchanges called synapses.



## Emotions Shape Behaviour & Learning

The brain gives priority to emotions. When we feel safe and secure, we become more confident to step out of our comfort zone.

If the amygdala is on alert, it will block messages to the prefrontal cortex.

*When a child feels safe at school, the stronger and more efficient the neural pathways (like the one above) become.*

Feelings of safety associated with people and places result in chains of neurons becoming more efficient and passing messages along faster.

(reference: The MINDUP Curriculum: [www.thehawnfoundation.org](http://www.thehawnfoundation.org))

### November 18-22 is Anti-bullying week.

Our school has the following activities planned:

- Daily facts on the announcements
- Classroom presentations
- Helping Hands Community Building activity
- Crazy Hair Day on November 22 to celebrate our individuality

Parent Resources on bullying:

<https://www.bullyingcanada.ca/what-should-parents-know-about-bullying>

### Dungeons and Dragons:

If your child is interested in joining a D & D group, ask them to sign up with Mr. Krause. We're hoping to get started after November break.



Always feel free to reach out with any questions or concerns:  
[Blake.Krause@eips.ca](mailto:Blake.Krause@eips.ca)

# TAKE YOUR KID TO WORK DAY

Elk Island Public Schools is pleased to inform you that Take Our Kids to Work Day is fast approaching!

This national event, happening on **November 6, 2024**, provides **Grade 9 students** with the unique opportunity to step outside the classroom and into the workplace for a day of career exploration. This year's theme is: Breaking Barriers, Transforming Communities.

The goal of Take Our Kids to Work Day is to introduce students to the world of work and help them begin thinking about their future careers.

Whether they shadow you, a family member, or a trusted mentor, this experience will offer them valuable insights into daily work environments, professional responsibilities, and the wide variety of careers available to them. By engaging in this hands-on experience, students can connect what they learn in school with the real-world skills and competencies required in various jobs.

Health 9 teachers will be sending out information and a permission click form and will be doing in class discussions and assignments associated with the world of work.



  
**STAY ACTIVE**

## SHARKS ATHLETICS

**Monday (4)**

Senior Boys & Girls Games @ SPS vs StM @  
4:00PM

**Tuesday (5)**

Junior Boys & Girls Games @ SPS vs JPII @  
4:00PM

**Wednesday (6)**

Senior Teams Practice @ Lunch

**Thursday (7)**

Junior Teams Practice @  
3:00PM-4:30PM

**Friday (8)**

Last day before November Break! Enjoy time  
outside being active with friends & family!



## VOLLEYBALL

### WAY TO GO SHARKS!

**Jr Girls: won BRONZE at the SPS Invitational &  
beat Lamont in 2 sets this week!**

**Jr Boys: won BRONZE at the SPS Invitational  
All 4 teams have games next week before  
November Break. Come cheer our Sharks on!**

# GO TEAM!

## Hoodies for **PURCHASE!**

The hoodies are \$60 with your name on them  
and come in adult and junior sizes.

Please click on link below to order:

[https://docs.google.com/forms/d/13yhkCWcNyrGnf73QYUXgoNchmiNbgRawnaF2Q6a\\_cCs/edit](https://docs.google.com/forms/d/13yhkCWcNyrGnf73QYUXgoNchmiNbgRawnaF2Q6a_cCs/edit)

Once you filled out the form, please log on to your  
PowerSchool Parent Portal to complete payment (you will  
need to add the fee to your cart by clicking on the Shark  
Hoodie icon.) Don't forget to press SUBMIT to complete your  
order!

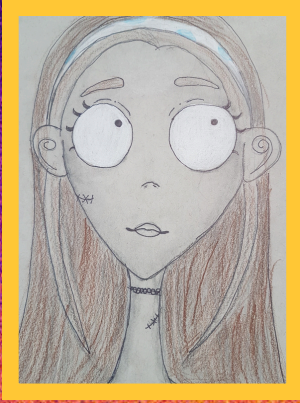
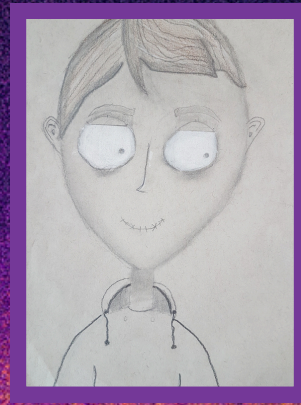
**Deadline \$60**

**EXTENDED to  
Nov. 4 to Order  
Hoodies!**

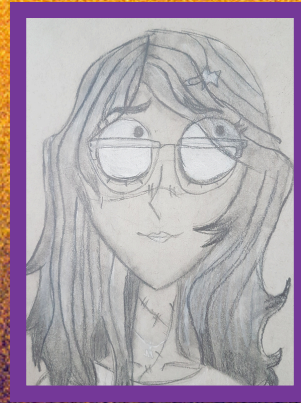
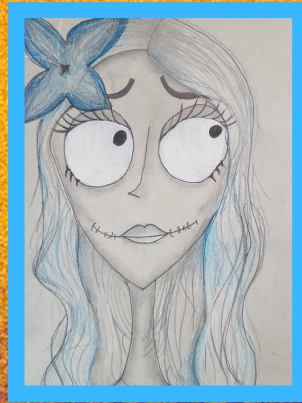
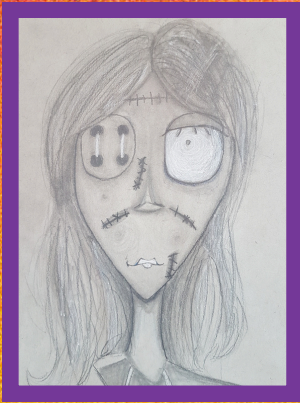
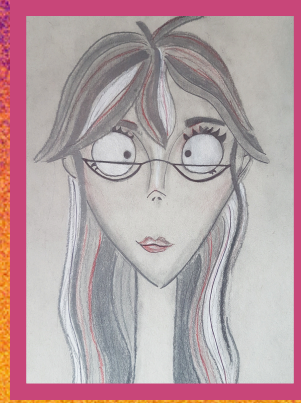


For other SouthPointe  
**SCHOOL WEAR:** [Click here:  
https://southpointe.entripyshops.com/](https://southpointe.entripyshops.com/)





MS. LOUMA'S GR 7 ART  
STUDENTS WERE INSPIRED  
BY TIM BURTON



**HAPPY HALLOWEEN**

SPS STAFF & STUDENTS CELEBRATED HALLOWEEN WELL! A HIGHLIGHT OF THE DAY WAS WATCHING THE COSTUME PARADE. THE COSTUMES WERE FANTASTIC!







If your child is missing any items, please **check our Lost & Found** during school hours (8:00AM-3:00PM) **by November 8th** as all items will be donated after that time.



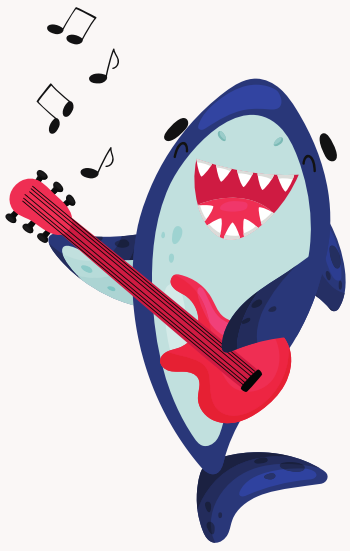
*Welcome*

to **Kayla Rumbolt & Elizabeth Menedez-Tovar!**  
They join our SPS team and will be helping support students in Grades 6 & 7



**MUSIC**

**HAND CHIMES**



**Grade 4/5/6  
Choir**  
*recorder club*

Music extracurriculars have started!  
Students in Grades 4, 5, and 6 can join the choir which meets **Tuesdays at lunch recess**. Hand chime club will only be open to grade 6 students this year and it meets **Thursdays at lunch recess**.

(Neither of these will conflict with your intramurals games)  
Any junior high students wanting to do band are invited to join the **after school band on Tuesdays**. It will meet until 4:00 pm. This is your chance to learn to play the flute, clarinet, trumpet, trombone, saxophone, or tuba and have some extra performance opportunities.

**The first band concert will be on Friday November 29.**

**Jr High Band**

-Ms. Yule



# FASS/School Council Info

The FASS would like to extend a special **thank you to Safeway** for their generous donation of chocolate bars for Halloween! We would also like to express our appreciation to **Boston Pizza, Swan Pizza and Freson Bros** for their generous donations of pizza for our Teacher Appreciation event during parent-teacher interviews.

Thank you for your continued support and for making a positive impact in our community! If you have questions about the available positions or want to learn more about how you can contribute, please email us at [president.fass@gmail.com](mailto:president.fass@gmail.com)

**Grab your BEAR TRACKS (Ice Melt)**  
**Only 20 Buckets left!**

*Thank you*



FASS has a few pails of Bear Tracks left to sell for \$30 each.

To purchase, text: 403-612-9580

## Canteen Coordinator Needed!

FASS is looking for a Canteen Coordinator; if you are interested, email the FASS president at [president.fass@gmail.com](mailto:president.fass@gmail.com)

**FREE**



## Thursday, November 7

All parents & caregivers are invited to enjoy a **FREE** McDonald's COFFEE at school drop off. Coffee will be available at the main doors from 7:40AM -8:15AM.

Looking forward to seeing you there!



# HOT LUNCH



To order hot lunches, we use the [spschool.hotlunches.net](https://spschool.hotlunches.net) website. Parents must create an account and add their children. **All parents must go in and select their child's new teacher for this year.** To pay for your order the website uses PayPal. There is an option to check out as a guest through PayPal if you do not have an account. **Failure to pay for the order by the deadline will result in the order being cancelled.**

If your child is sick on the day of their hot lunch, please call the office and let them know. No refunds will be given if a student is absent on the day of their hot lunch.

If you need to cancel or change an order, you must do so before the deadline. A refund will be processed as a credit on your account to be used for future hot lunch orders.

**Once the deadline has passed orders cannot be changed or cancelled.**

Should you have any comments, suggestions, or questions you can reach out via email at [spschoolhotlunch@gmail.com](mailto:spschoolhotlunch@gmail.com).

**REMINDER:**  
**Please still send**  
**SNACKS on Hot**  
**Lunch Day**

## Hot Lunch Volunteer Opportunity:

We're looking for volunteers to assist with our hot lunch program! As a thank-you, each volunteer will receive a \$5 discount on one child's hot lunch account for their help.

If you are able to volunteer, please email [spschoolhotlunch@gmail.com](mailto:spschoolhotlunch@gmail.com).

November's Hot Lunch is from Tim Horton's & Papa John's

# Community RESOURCES



## Family 2 Family

Join our Glenrose clinicians and community partners for virtual presentations providing strategies and resources on topics that affect the quality of life for children and families.

### From Worry to Wellness: Empowering Parents to Help Children Navigate Anxiety

Tuesday, September 24, 2024  
6:00 – 7:15pm

### Sleep Strategies for Neurodivergent Children and Caregivers

Wednesday, October 23, 2024  
6:30 – 8:00pm

### Behavior: The Tip of the Iceberg

Wednesday, November 20, 2024  
6:00 – 7:30pm

See reverse for session descriptions

### To register and receive upcoming Family 2 Family calendars

Please contact Charlene Prochnau  
at (780) 735-7999 ext 15578 or email at [PFRC@ahs.ca](mailto:PFRC@ahs.ca)

### City of Fort Saskatchewan Launches Family Violence Prevention Month Campaign

Theme: "The Elephant in the Room"

Fort Saskatchewan, AB, October 15, 2024 – This November, the City of Fort Saskatchewan, alongside the Fort Saskatchewan Family Violence Prevention Coalition, will lead a campaign to bring attention to the often-overlooked issue of family violence. The theme, "The Elephant in the Room," aims to break the silence surrounding family violence and empower the community with resources and support.

"Family violence is a subject many are reluctant to discuss," said Melissa Kondro, Community Development Coordinator for the City of Fort Saskatchewan. "Our goal is to bring it out of the shadows, create awareness, and encourage those affected to seek help."

### Key Events and Public Installation

Throughout November, the City will host a series of workshops and a public art installation, including:

- Public Workshop: Immigration Resources (Nov 6)
- Lunch & Learn: Protecting Your Employees (Nov 12)
- Workshop for Support Services: Navigating Family Court & Civil Orders (Nov 19)
- "The Elephant in the Room" Installation: Featuring a life-sized Paper Mache elephant at City Hall and crocheted purple elephants contributed by locals.

For more information on events and to register for workshops, visit [fortsask.ca/FVPM](https://fortsask.ca/FVPM).



## YOUR FUTURE POST-SECONDARY & CAREER FAIR

free event



NOV. 5 6 p.m. to 8 p.m.

Strathcona County Agora, Sherwood Park

For the list of vendors, visit [eips.ca/students/your-future](https://eips.ca/students/your-future)



X @eipspathways  
@eipscareerpathways