



Shark Bites Weekly Update

Every Day, Every Student, A Success.



southpointeschool.ca

Principal's Message



WEEK AT A GLANCE

Monday, Nov 20	National Child Day
Tuesday, Nov 21	
Wednesday, Nov 22	Hot Lunch – Gr 1-4 & Mon/Wed Kindergarten
Thursday, Nov 23	Hot Lunch – Gr 4-6 & Tues/Thurs Kindergarten
Friday, Nov 24	Hot Lunch – Gr 7-9

COMING UP

December 1	Report Cards published
December 6	Early Dismissal
December 7	Grade 6 Immunizations
December 13	Christmas/Winter Concert (Times TBA)

Inside this Issue:

- [Principal's Message](#)
- [Week at a Glance](#)
- [Coming Up](#)
- [Fundraising Update \(hot lunch\)](#)
- [School Fees](#)
- [Food Bank](#)
- [Inclement Weather](#)
- [FCSS](#)

Fundraising Association Update



HOT LUNCH

The next hot lunch will be November 22, 23 and 24. The vendor will be The Canadian Brewhouse.

Ordering for December is now live! You can log in at any time to preorder, so you don't miss the cutoff date.



Hot Lunches Online ordering and payment processing for schools
spschool.hotlunches.net

****Please remember if your child is away on their hot lunch day, plan to either pick it up from the school office or donate it. Unfortunately, if we are not aware, the lunch will be donated to another person, refunds will not be given. We ask that you please contact the school if your child is away.**

Should you have any comments, suggestions, or questions you can reach out via email at spschoolhotlunchadmin@gmail.com.

FASS Secretary

We are looking for a volunteer to join the FASS team! If interested, please contact Laelia @president.fass@gmail.com. This is a great way to get involved with the school

ONGOING FUNDRAISERS

COBS (Fort Saskatchewan location only):

- Just mention SouthPointe School when you are making a purchase.
- Cobs gives back 5% of what we spend! Last year \$350.00 was given back to the school from this fundraiser!

FLIPGIVE

- Perfect timing to start Christmas shopping!
- For online shopping! (Old Navy, Indigo, Canadian Tire, Walmart, Home Depot, Starbucks and more!)
- You can even get/reload your gift cards here!
- Just download the app, use the code **K2TQ9X** and start shopping!

Pay School Fees online!

School fee information for the 2023-24 school year will be posted on the [PowerSchool Parent Portal](#) in late September. All fees are due within 30 days of being posted. To access your fee information, simply log in to the [PowerSchool Parent Portal](#) and go to "Student Fees." There you can view your fees and pay online using a credit card.

Don't forget to log in to the PowerSchool Parent Portal regularly throughout the year. Fees are often added to your child's account to cover the cost of certain school activities such as field trips, class projects, athletic-team fees and more. Additionally, junior high and senior high fees can change as courses are added and deleted.

If you're unable to pay your school fees, you can apply to have certain [fees waived](#) by submitting an [Application for a Waiver of Fees](#). The application deadline is Dec. 15, 2023.

For more information about school fees, waivers and payment deadlines visit [eips.ca](#). Alternatively, contact Mrs. Chantelle Grieve, Business Manager, at SouthPointe School, at (780) 998-2747.



October 26, 2023

Community Agency Partners,

Each Christmas season, The Fort Saskatchewan Food Gatherers Society provides special holiday food hampers and gifts for children, to households within our community who need a helping hand. This is the 38th year the Society has been delivering the joy of Christmas, with support from our community and dedicated volunteers.

The Christmas campaign provides special holiday food hampers to families, individuals, and seniors, and toy packages for children 17 years old and younger, for those who apply.

The application period will be open November 6 - December 11

New this year, applications are accepted online, through our website
<http://www.FortSaskatchewanFoodBank.com> .

We encourage service providers to aid clients who require assistance accessing and navigating online forms.

Applicants should be prepared to provide:

Photo ID for each adult residing within the home

ID for each child residing within the home - AB Health card or birth certificate

Proof of Fort Saskatchewan residency - current proof of address for each adult

Fort Saskatchewan residents can apply for immediate family members who permanently reside within the home.

This year Hamper Delivery Day is Saturday, December 16th.

Applying for a Christmas hamper does not restrict a client in accessing a regular hamper during December.

Applicants do not need to have accessed food bank services prior, to qualify for Christmas assistance.

While the application process requires individuals to apply and doesn't accept agency or anonymous referrals, we realize that only by sharing the details with our partner agencies can we ensure that those who need assistance are informed of the available resource.

Please share this information. If there is any other additional information you require, please reach out and connect.

Kassandra Gartner

Executive Director

Email FortSaskFoodBank.ed@gmail.com

Healthy Fresh & Non-Perishable Food • Pick Up and Delivery • Toiletries • Pet Food • Shopping Days • Christmas Hampers
Strategic Partnerships • Corporate Team Building • Off-Campus Events • Volunteer Opportunities

780-998-4099 | 11226 – 88 Avenue, Fort Saskatchewan | Mailing: PO Box 3404, Fort Saskatchewan, AB T8L 2T3

FortSaskatchewanFoodBank.com | fortsaskfoodbank@gmail.com



CHRISTMAS HAMPERS & TOYS

Need some help to make Christmas merry?

Connect with us. We are here to help.

Applications accepted November 6–December 11

New this year! Applications are accepted online at

www.FortSaskatchewanFoodBank.com

If you require assistance with online forms, please contact us at 780.998.4099

The Details:

- Photo ID is required for each adult applying.
- Alberta Health Card or Birth Certificate is required for each child.
- Current proof of Fort Saskatchewan residency is needed.
- You may apply for your immediate family who permanently reside at the address.
- Full details online, or phone 780.998.4099.

Hamper Delivery Day is Saturday, December 16



Inclement Weather



With the winter season almost here, we want to remind families to dress children appropriately for the weather when getting ready for school or the bus. The weather often changes unexpectedly throughout the day, so please select suitable outerwear and ensure your child is prepared for changing conditions.

If inclement weather conditions occur, Elk Island Public Schools (EIPS) advises families of any bus cancellations using various communications tools—automated-telephone messages, alerts posted on www.eips.ca and school websites, Twitter, Facebook, local radio stations, and notification through both the Bus Status and the Ride 360 apps. Morning bus cancellations are posted on www.eips.ca by 6:30 a.m.

Decisions regarding bus cancellations are guided by EIPS administrative procedures that state, “school bus service may be suspended...when there is a forecast or current temperature of -40 C, including wind chill factor, in one or more regions.” Other reasons for suspending or delaying school bus services include adverse weather and poor road conditions. When school bus services are suspended, schools remain open to students. EIPS believes families have the right and responsibility to make choices for their children based on their beliefs and perceptions of safety during times of inclement weather.

For more information, contact EIPS Student Transportation at 780-417-8151.



Join our Fort Lanes YBC 5-Pin Program!

Season runs September to April

\$45 Affiliation Fee *Ages as of Dec.31st, 2023

Saturday Mornings (start Sept.9th):

Ages 3-7 \$10/week (2 games)

Ages 8-10 \$15/week (3 games)

Tuesday Evenings (start Aug.29th):

Ages 11-19 \$18/week (3 games + prize money)

****National Qualified Coaches, League Play, Tournaments,
Milestone Award Tags, Trophies, Prizes****

**For more information, or for a link to the registration form,
please email us at ybcfortlanes@outlook.com,
visit www.fortlanes.com, or contact
Coach Nena at (780)231-0663**



(No registration deadline,
but space is limited)

November is Family Violence Prevention Awareness Month in Alberta! This month FCSS and the Fort Family Violence Prevention Coalition are asking all residents to join us in learning more about the supports available to people experiencing abuse and how to recognize the warning signs so that we can end family violence in our community.

Family violence can happen to people of all ages, abilities, sexual orientations, genders, and cultural identity. It happens in all communities and Fort Saskatchewan is no exception: so far this year we have seen an average of 11 family violence occurrences for every 1000 people, including 239 children. In Alberta, the statistics are equally distressing. Approximately 1 in 3 people in the province will experience family violence at some point in their lives.

This year we are hosting several events to help raise awareness about family violence in our city and how, you, as a resident, family member, co-worker, parent, and friend can support someone who is experiencing violence. To learn more about the events happening this month or for more information on family violence visit: fortsask.ca/FVPM or call FCSS at 780-992-6206.

Together we can raise awareness and take action to create a safer and more supportive community for everyone. It's time to stand up against family violence and work towards a brighter, violence-free future for Fort Saskatchewan.

Krista Allan
Community Development Coordinator
FCSS Fort Saskatchewan
kallan@fortsask.ca



Family & Community
Support Services
CITY OF FORT SASKATCHEWAN



AN INTRODUCTION TO SOCIAL-EMOTIONAL DEVELOPMENT

MORE AND MORE, PEOPLE ARE EQUATING SOCIAL-EMOTIONAL DEVELOPMENT WITH HEALTH AND HAPPINESS THROUGHOUT LIFE, SO HOW DO WE SUPPORT THIS IMPORTANT DEVELOPMENT IN CHILDREN?

THIS TWO-HOUR SESSION WILL REVIEW INTRODUCTORY CONCEPTS OF SOCIAL-EMOTIONAL DEVELOPMENT, WHAT CHILDREN NEED TO THRIVE SOCIALLY AND EMOTIONALLY AND WHAT WE CAN DO AS CAREGIVERS AND EDUCATORS TO BEST SUPPORT THEM.



REGISTER

November 29.2023
Fort Heritage
Precinct,
Program Space
(10006-100ave)
6:30pm - 8:30pm

ImagineInstitute.ca
Passsword: 20FORTSASK23
For more information
fortsask.ca/FCSSWORKSHOPS





GUIDING BEHAVIOURS THROUGH A TRAUMA-INFORMED APPROACH

THE TWO BASIC MOTIVATORS OF HUMAN BEHAVIOUR START WITH HAVING INFORMATION THAT SUGGESTS WE ARE SAFE (PHYSICALLY, EMOTIONALLY, AND SOCIALLY) AND CONNECTED (A SENSE OF BELONGING). UNFORTUNATELY, THOSE ARE NOT FEELINGS ALL CHILDREN FEEL THROUGHOUT THEIR CHILDHOOD, RESULTING IN EXPERIENCES OF TRAUMA. IF WE CAN CREATE AN ENVIRONMENT AND PROMOTE INTERACTIONS THAT SUPPORT THESE NEEDS, THEN WE MAY BE ABLE TO REDUCE THE OBSERVABLE BEHAVIOURS THAT MAY BE CONSIDERED CHALLENGING. THIS 2-HOUR SESSION WILL TAKE A LOOK AT THE TRAUMA-RESPONSES, DISCUSSING STRATEGIES TO CREATE A SPACE THAT FOSTERS INDIVIDUALS SAFETY, AND INTERACTIONS THAT PROMOTE CHOICE AND CONTROL, WITH THE GOAL OF CREATING TRAUMA-INFORMED INTERACTIONS.



REGISTER

November 22.2023

DCC, Scotia Bank RM
(8700-84 street)

1:00pm - 3:00pm

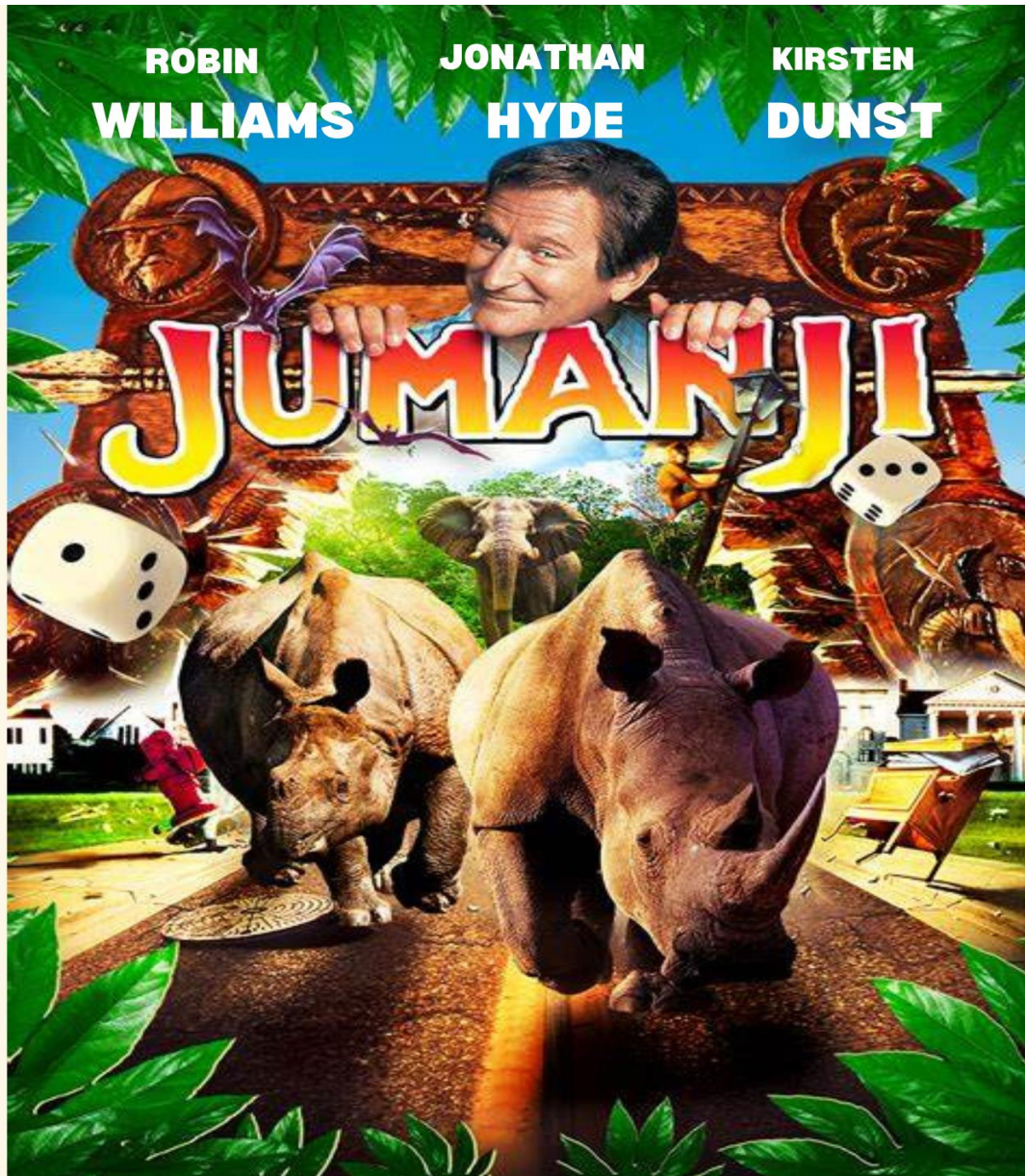
ImagineInstitute.ca

Passsword: 20FORTSASK23

For more information

fortsask.ca/FCSSWORKSHOPS





FORT CINEMA, NOVEMBER 20, 2023

DOORS OPEN 6:30PM

SHOW STARTS 7:00PM

**\$6 REGULAR TICKETS \$8 PREMIUM @ FORT CINEMA
PURCHASE TICKETS AT [TICKETPRO.CA](https://www.ticketpro.ca) OR FOR CASH
AT THE DOOR, CONCESSION IS OPEN (CASH/DEBIT)**

***ALL MONEY RAISED GOES BACK TO LOCAL YOUTH**



Kokum's Bannock & Tea

"WORKING TRADITIONALLY ON
CHILD DEVELOPMENT"

Running Thursdays
Oct 26th - Nov 23rd, 2023
10:00am - 12:00pm




Topics Include:
Medicine Wheel Teachings, Tipi Teachings, Traditional Roles,
and knowledge sharing from our Elders
Open to community members. First 15
registrants. Child care available.
Call or text Tanya to register: 587.936.0348

LOCATION:
Pembina Place, 4944 53 St. Redwater, AB.







PARENTING YOUTH CIRCLE

This is a support circle for caregivers of youth aged 8 to 13 years. It is a space to connect with other caregivers who are parenting through these important years of development. You will have the opportunity to share your strategies, successes and difficulties in raising youth.



Monday Night
Fort Saskatchewan
Families First Building
9901 90 Street

5:30 to 6:00pm Supper
6:00 to 7:30pm Circle

October 30th
November 13th
November 27th
December 4th

Children's programming is available













To register
Call 780-998-5595 ext. 221

In a circle we are all equal.
There is no one behind you, no one above you, and no one below you.

November 2023

The Bridge Wellness Hub for Youth



Monday	Tuesday	Wednesday	Thursday	Friday
		 1 Gardening with Mitch! 4-6 pm Nurse Clinic 2-6 pm Psychologists 4-6 pm	  2 Free Night! Youth Outreach Worker 2-8 pm	3
Employability Workshop 4:30- 6 pm 6	7	 8 Button Making with Reanne! Nurse Clinic 2-6 pm Psychologists 3:30-5:30 pm	 9 Dungeons & Dragons 5-8 pm Youth Outreach Worker 2-8 pm	10
No Employability Workshop 13	14	 15 Yoga for Anxiety @TheSpace Nurse Clinic 2-6 pm Psychologists 4-6 pm	 16 Painting with Dakota! Youth Outreach Worker 2-8 pm	17
Employability Workshop 4:30- 6 pm 20	21	Saffron Centre Presentation 22 5:30-6:30 pm Nurse Clinic 2-6 pm Psychologists 3:30-5:30 pm	 23 Dungeons & Dragons 5-8 pm Youth Outreach Worker 2-8 pm	 24 Rainbow Alliance 6-8 pm
Employability Workshop 4:30- 6 pm 27	28	 29 Cooking with Reanne! Nurse Clinic 2-6 pm Psychologists 4-6 pm	  30 Hot Chocolate Bar and Movie Night! Youth Outreach Worker 2-8 pm	

Contact Information

Any questions please call the hub at 780.589.0224 or email us at info@thebridgewhy.com.

Ages 11+ All Welcome

Youth nights are completely free to all youth ages 11-24.

Hours of Operation

We are open 2-8 pm on Wednesday and Thursday. We provide supper and snacks.