

Elementary Counselling Program at SouthPointe School 2017-2018

School counselling programs support the intellectual, emotional, social and career development of all students through a continuum of preventative, developmental and crisis intervention services. School counsellors' responsibilities include:

1. developmental guidance instruction to facilitate student development in educational, personal, social, educational, and career growth;
2. coordination of programs and activities that assist students in the development of personal, social, educational, and career growth;
3. provision of counselling, support, and guidance to students in their development of personal management skills;
4. provision of crisis counselling to those students in personal difficulty; and
5. development of partnerships with parents, individuals, and agencies in the community in support and assistance of the guidance and counselling programs (EIPS Administrative Procedure 240).

Students, I am here to help you with:

- Working out friendship problems
- Setting goals
- Working well with others
- Feeling good about yourself
- Adjusting to a new school
- Learning how to make decisions
- Managing your feelings (stress, worry, anger, etc.)
- Dealing with peer pressure

Parents, I am available to assist and provide you with:

- Exploring ways to help your child succeed
- Referrals for community sources
- Supply reference materials
- Information to help understand your child's needs

Services Provided:

- Classroom Presentations
- Group Counseling (grief, divorce, social skills, anxiety and study skills)
- Parent Consultations
- Community Resource Referrals

*Please note school counsellors do not provide "therapy" or "traditional counselling".

Referrals for outside counselling services are available for children experiencing grief, divorce, family separation or mental health concerns.

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